



**NEW
WOLSEY
THEATRE**

**china
plate**

pulseipswich.co.uk

PULSE

FESTIVAL IPSWICH

26 May to 4 June 2016

PULSE Festival, Ipswich

26 MAY – 4 JUN

Pulse is our artist development programme - it's how we discover, develop and support talent across the region and beyond...

All year round we're doing that by offering our rehearsal spaces, sharing our resources, and by giving our time and expertise to artists who want to explore and grow their ideas.

More than that we support these artists by sharing their work with you, we do that all year round through Pulse Presents, and for 10 days we get to do that and so much more with the annual Pulse Festival.

It's a world class programme of theatre and performance with our guarantee that there's a show for you. 49 chances to find a story, a performer, a theme or an idea to make you laugh, make you cry or blow your mind.

We are delighted to be back at the New Wolsey Theatre working with the amazing team here to bring you 10 days of extraordinary theatre, dance and music.

Once again we have drawn together a wide range of work from across the town, region and country. From award winning shows to the newest formed ideas on Suitcase and Scratch days, there's something for everyone.

That's more than enough from us, take a look through the brochure and get booking!

Pulse Festival is going from strength to strength. The only thing missing is you.

Ed, Paul and Rob - Festival Directors

Pulse Festival Ipswich is curated by China Plate and produced by the New Wolsey Theatre

PULSE commissions

Returning for a 16th year, our 10 day festival offers a bright and inspiring snapshot of contemporary theatre with established and emerging artists, both local and those from further afield. This year, we have commissioned more new work than ever which you can support and feedback on as these artists develop their work with us.

Suitcase Prize Day (Sun 27 May) began at Pulse Festival 2013 as a way of encouraging theatre makers to think about making and touring work in a more environmentally and economically sustainable way. Ten shows compete to be named best show that can be toured on public transport. Winners of the prize in 2015, This Theatre (now The Pretend Men) return with Edinburgh hit Police Cops.

This year's Spring Festival Commission is Jamal Harewood's **Word** – which will be shown for the first time as a work in progress on Scratch Day (Sat 28 May) ☐ 16
On Sun 29 May, the New Wolsey Theatre's People You May Know presents a new show **The Goldilocks Principle** – a story about hoping for happiness and settling for success ☐ 20

After previewing a work-in-progress on the New Wolsey Theatre main stage in March, Nigel Barrett and Louise Mari present **This Is What Men Do** on Sat 4 June ☐ 4
Gecko makes a welcome return to the festival with a brand new showing of **The Wedding**, at the Jerwood DanceHouse on Sat 4 June ☐ 5

TESTING GROUND: NEW COMMISSION for 2017

The Testing Ground Commission will present three works at various stages of their development in Pulse Festival 2017 – if you're a D/deaf or disabled artist making work that reflects our commitment to accessible theatre and underrepresented audiences – then contact us to find out more.

The commissions will vary according to experience, ambition and the project proposed. Successful applicants will receive financial support, access to resources at the New Wolsey Theatre, mentoring from the artistic team and a platform to develop and present their work. Contact Agent for Change – Jamie Beddard for more information on how to apply ☐ jbeddard@wolseytheatre.co.uk

PULSE info

As you read our varied and exciting programme, you'll see that there is content that contains subjects or themes you might not want your children/young people to see. We have tried our best to allocate the right age to the right show based on conversations we have had with each company, but if you aren't sure please get in contact with our Ticket Sales team who will be able to advise.

You can even natter with us on the website with Live Chat!

☐ New Wolsey Theatre

01473 295900

pulseipswich.co.uk

Access

You can download a PDF or large print version of the Pulse brochure from our website pulseipswich.co.uk. Alternatively email access@wolseytheatre.co.uk to request copies by email/post.

Accessible Performances

This year's accessible performances include:

Sat 4 June 6pm Third Angel's 600 People Sat 4 June 8pm Spymonkey's The Complete Deaths

These performances will be **British Sign Language** Interpreted.

Some performances are accessible to those who are hard of hearing or blind/partially sighted, for example rehearsed readings which are story-led or physical theatre which has no dialogue. Please contact the Ticket Sales team who can help you with your booking.

Booking

The New Wolsey Theatre Ticket Desk has a low level service counter and an induction hearing loop system – to use, turn your hearing aid to T. You can also live chat with our Ticket Sales team on our website.

☐ pulseipswich.co.uk 01473 295 900 ☐ tickets@wolseytheatre.co.uk

Hearing Enhancement

A Sennheiser Infrared hearing enhancement system operates at the New Wolsey Theatre. Headsets are available from the Ticket Desk, which can be used with or without a hearing aid. A refundable deposit of £10 is required for each headset. We regret that there is not a hearing enhancement system at the New Wolsey Studio.

Venue Access

The New Wolsey Theatre, New Wolsey Studio, the High Street Exhibition Gallery and DanceEast are accessible to wheelchair users - please advise at point of booking.

Assistance dogs are welcome at all Pulse venues, let us know in advance if you can.

Parking

We recommend the Wolsey Pay and Display Car Park - accessible from Black Horse Lane, then left to the end of Chapman Lane where there are 5 Blue Badge Parking Bays. Parking charges do apply. You can also drop off outside the New Wolsey Studio on St George's Street or the High Street Exhibition Gallery on Museum Street.

Pulse Tickets

All tickets starting from £8.50 Under 26 £5

Frequent Flyers

All tickets: Book 5 or more shows (in the same transaction) and get all your tickets for £5. We'll tag your account to unlock £5 tickets from then on too.

All frequent flyer deals exclude Suitcase Day and Scratch Performances (because they're already £5, cheeky!).

Suitcase Prize Day Fri 27 May

To see all or any of the four Suitcase Prize sessions, pay just £15. Thank us later. Don't forget to book for last year's Suitcase Prize Day winners The Pretend Men with their show *Police Cops*.

Scratch Day Sat 28 May

£5 per session

Book for all 5 sessions for £12.50

That's half price. Bargain!

Get to us by train

You can get to Ipswich in just over an hour from London Liverpool Street with trains leaving 3 times an hour. The last train to London from Ipswich is 22:43, although we have many fantastic hotels and B&Bs we can recommend! If you're North of us then Norwich and Peterborough also offer a frequent service to Ipswich. Check times and prices at: nationalrail.co.uk

About our prices

You may have noticed that our prices state 'starting at'. Make sure you book quickly as these prices won't last forever. As the demand for tickets increases, our prices are subject to change. So book now for the best price.

Tickets available from:

01473 295900 pulseipswich.co.uk

Thursday 26 May

VERITY STANDEN IN ASSOCIATION WITH TOBACCO FACTORY THEATRES

Mmm Hmmm

A new piece of a cappella song theatre.

Mmm Hmmm is a playful, poignant musical journey shaped by three exceptional female voices jumping between sound worlds and lyrical styles.

Using intricate vocal techniques and rich harmony, *Mmm Hmmm* holds a magnifying glass up to snapshots of everyday life. One moment a fragile apology, the next a perilous trip to the First Great Western buffet car... Verity Standen's original a cappella songs evoke the awkward, heartrending and hilarious moments that characterise what it means to be human.

Verity Standen is a Bristol-based composer and performer. Her immersive choral piece *HUG* is touring internationally from this summer.

New Wolsey Theatre

7pm (45 mins)

veritystanden.com

[veritystandenprojects](https://www.facebook.com/veritystandenprojects)

[@verity_standen](https://twitter.com/verity_standen) [@fttheatres](https://twitter.com/fttheatres)

ANDY SMITH AND FUEL

The Preston Bill

Written & performed by Andy Smith

The story of a life. The story of our lives.

Welcome to The North.

A story from Preston. About Preston.

A story that will make you stop and think about where you, and we, are in the world.

Award winning theatre maker Andy Smith presents this newly commissioned piece of theatre, telling a tale of a man from this city, and all that has happened here, there, and everywhere in this last 80 years.

Developed as part of Fuel's New Theatre in your Neighbourhood project.

Commissioned by They Eat Culture. Supported by Lancaster Arts (Lancaster University) and the Nightingale, Brighton. New Theatre in your Neighbourhood is funded by Arts Council England and the Esmée Fairbairn Foundation.

New Wolsey Theatre

8.45pm (60 mins)

fueltheatre.com

[@FuelTheatre](https://twitter.com/FuelTheatre)

Friday 27 May

Suitcase Prize Day

Now in it's fourth year, the Suitcase Prize challenges theatre makers to think in an environmentally and economically sustainable way.

The 10 participants compete to win £1,000 by presenting a 20 minute scratch show that could tour on public transport! Yes, literally in a suitcase! The judging panel will consider your feedback throughout the day at #pulsesuitcase

Session 1 New Wolsey THEATRE 11:30am – 1pm

GAMESHOW

Dancing Bear, Dancing Bear

Two men on stage. Getting dressed, getting to know each other, getting aggressive. A woman's voice in your ear. She tells you about the men. How they talk to each other, how they touch each other.

How they stay strong, how they have sex. What they think about heartbreak, about misogyny, about bodybuilding. What do you think makes a man today?

gameshow.org.uk

Gameshow

@GameshowTheatre

SINGLE SHOE PRODUCTIONS

A Disappearing Act

Everyone will disappear. So will you. So will I.

Single Shoe Productions presents a comedy about how you want to be remembered and what you hope people will forget. Inspired by stories in the news, TED talks and magic, *A Disappearing Act* explores our mortality, the rituals we use to accept it, say goodbye and remember the ones we love.

singleshoeproductions.com

singleshoeproductions

@single_shoe

ON THE RUN

Tell Me Anything

On The Run return following the five-star sell-out success of their debut, *So It Goes*, with the early workings of a new show about love, hopeless devotion and growing up.

When David was 15, he loved punk, house parties and poetry, but most of all, he loved Kate. Kate has an eating disorder. But David knows he can make her better.

ontheruntheatre.co.uk

@ontheruntheatre

Session 2 New Wolsey Studio □ 2pm – 3:30pm

PAULINE MAYERS IN ASSOCIATION WITH LITTLE MIGHTY

What If I Told You

What If I Told You is a new work by movement theatre practitioner, Pauline Mayers. Pauline invites you to join her in the space, and come on a journey. We move together through the beginnings of Pauline's career as a dancer, discover untold histories, and think about what race means to us.

mayersensemble

@emergentp

SARAH BLANC

My Feminist Boner

Sharing personal experiences of growing up in the quirky box, trying to get into the sexy box, Sarah uses props, dance and a whole lot of talking shit to guide you through some practical demonstrations of a range of over the counter beauty contraptions - all designed for becoming the better you and giving you a big fat feminist boner.

@sarahblanc

Friday 27 May *continued*

Session 3 New Wolsey THEATRE □ 3:50pm – 5:20pm

THIS EGG

Goggles

Two performers. Two pairs of goggles. A fish tank.

When our fish, Sunny and Boo, die, we realise that our friendship is in crisis. In an attempt to put things right, we've made this show. *Goggles* is a comic and heartwarming show that teases out the awkwardness of love. It is about fish, friends and keeping afloat.

Supported by Arts Council England and the National Lottery

thisegg.co.uk

thiseggtheatre

ThisEgg_

TWO DESTINATION LANGUAGE

Declining Solo

We are all ageing. As I write this, and as you read it. Time passes.

Declining Solo is an attempt to recreate a moment from the past in the face of a desperate present. We're rebuilding the basement of a faraway house, because it contains a fragment of everything: coal, icons, cheese, doves and dad.

twodestinationlanguage.com

@2destlang

CAROLINE HORTON & CO AND CHINA PLATE

All Of Me

A hilarious, intimate solo show about our darkness and our light; about forever starting over instead of living. A trashy, funny, poignant cabaret from a woman who thinks about dying – a lot – but is determined to pull herself together.

Commissioned by Harlow Playhouse, Birmingham Repertory Theatre and Theatr lolo.

carolinehorton.net

carolinehortontheatre

@carolineplays

Session 4 New Wolsey Studio 6pm – 6:30pm

SHOW AND TELL

Kieran Hurley: Heads Up

Kieran Hurley (*BEATS, Chalk Farm, Hitch*) presents the early workings of a new solo piece. A city. Here. Now. People gather in a theatre to hear a man talk. In just one moment, all their worlds will end. Hurley paints a picture of a city just like ours at the moment of its destruction.

@kieran_hurley

The Pretend Men

Police Cops

Winner of 'The Stage Award for Acting Excellence' and 'Brighton Fringe Award for Excellence', *Police Cops* is The Pretend Men's three man cop parody featuring supercharged physical theatre, cinematic style and uncompromising facial hair. PRESENT DAY (1976). Rookie Police Cop Jimmy Johnson is out to avenge his brother's death, and he's got to go it alone. With the help of his new partner, a retired renegade named Harrison, the pair get digging. *Police Cops* is a cinematic joyride, speeding down Adventure Avenue in a souped-up squad car. Oh, and did I mention...the steering wheel is made out of guns.

New Wolsey Theatre 7:30pm - 8:30pm

Suitcase Prize Awards Ceremony

New Wolsey Theatre Bar 8:30pm

Saturday 28 May

Scratch Day

Some of today's participants bravely present new work at an early stage of development and ask for your feedback. It's an ideal opportunity to engage with some of the UK's most innovative and exciting artists, to explore new ideas and be inspired.

Session 1 New Wolsey THEATRE 12pm – 1:15pm

Fat Content

Skin Of The Teeth

Shifting between the vanished world of an isolated village and the neon glow of a modern city, this is a story about fear. 19 year old Nicholas finds a fistful of human teeth and is propelled into a perilous world of manipulation, ritual and dangerous men. Thriller meets fairytale.

@fatcontent

Murphy & Co

Carry On Jaywick

“Shine on, every day and every night. And that is how we get through Jaywick.”

Join touring company Murphy & Co. for a staged reading of a new verbatim play about Jaywick, the former seaside gem of the Essex coast which is currently ranked as Britain's most deprived town.

Directed by Hannah Joss.

@_MurphyandCo

FRA MARTO

00: In Bread We Trust

Bread is one of the oldest prepared foods. Because of its importance as a basic foodstuff bread has a social and emotional significance beyond its importance in nutrition.

The show talks about very serious issues, but with a smile and lightness, combining various disciplines: clowning, music and performative arts.

FraMaRtO

Session 2 HIGH STREET EXHIBITION GALLERY 2:10pm – 3:10pm

RACHEL BAGSHAW

The Shape Of The Pain

Written by Chris Thorpe

A first reading of a new piece from Rachel Bagshaw and Chris Thorpe about love, perception and constant, relentless pain.

'I am just you, with one of the dials tuned to a station that I can't switch off. You with a dial jammed'.

Living with Complex Regional Pain Syndrome, a young woman tries to find the words to articulate her experience. When the brain re-programmes itself into constant fight or flight, how does the mind cope?

Part biography, part conversation, this one woman show weaves together words and sound to explore living a life in extremity – and the joy that can be found there.

□ chinaplatetheatre.com □ [@youoldchina](https://www.instagram.com/youoldchina)

A script in hand reading produced by China Plate

Saturday 28 May *continued*

Session 3 New Wolsey Studio □ 3:30pm – 4:45pm

RICHARD CHILVER

Hold

A young man struggles to write his girlfriend's name on the Moon.

Standing on a cloud, this eighteen year old shares his story with the celestial body. But as he persuades the Moon to come closer, incensed villagers are gathering. This gripping story explores the entanglement of love and caring.

@richchilver

FIGS IN WIGS

Often Onstage

Figs in Wigs are often onstage, but how did we get here and how do we leave?

A show made up entirely of entrances and exits strung together with the lies we tell people when they ask us if we're making any money.

@figsinwigs

BYRON VINCENT

Live Before You Die

Hi I'm Byron and I'm pathologically sad. As well as being the worst Tinder bio ever this grim fact was the catalyst for my epic quest to seek the holy grail of human contentment.

I've sought advice from psychologists, neuroscientists, philosophers and Twitter. I've travelled over ten thousand miles and tried everything from meditation to acting like a Labrador.

@IAmByronVincent

Session 4 HIGH STREET EXHIBITION GALLERY □ 5:15pm – 5:45pm

JOHN OSBORNE

The Fidelity Wars

A half hour story about love, break-up and a tiny indie band that no-one has ever heard of.

This is the story of meeting a girl at a Hefner gig when I was 18 and how that changed my life. Being in love is a bit like being a fan of a band that no-one else really listens to. A unique, beautiful and funny story full of falling in love for the first time, featuring some of the most heartbreaking songs ever recorded from the Hefner album *The Fidelity Wars* that most people have never heard. From the creator of John Peel's Shed and Radio 4 regular John Osborne.

johnosbornewriter.com

@johnOsRadiohead

Saturday 28 May *continued*

Session 5 HIGH STREET EXHIBITION GALLERY 6:15pm – 7pm

The Spring Festivals Commission

For 2016, Pulse has joined forces with Sprint, Watch Out and Mayfest to commission brand new theatre. This year we present:

JAMAL HAREWOOD

Word

They're pretty special. They give a person the opportunity to express themselves. They can be read. They can be heard. They can be spoken. They allow us to communicate with one another. I was always told; it's not what you say, but how you say it, but is that true?

High Street Exhibition Gallery

6:15pm (45mins)

Harewooo.com

@harewooo #word

MADE IN CHINA

Tonight I'm Gonna Be The New Me

A woman takes to the stage. A man watches from the wings. They both wonder if their love will survive what's about to happen. Disarmingly honest and comically imagined, *Tonight I'm Gonna Be The New Me* is an arresting physical endurance act that crashes headfirst into an impossibly true love story.

**** *The Guardian*

“slippery and teasing, murderously entertaining”

New Wolsey Theatre

8pm (60mins)

madeinchinatheatre.com

Made In China Theatre

@MadeInChinaThtr

A relaxed performance environment will be created for this show, which makes the experience suitable for people with an Autism Spectrum Condition, sensory and communication disorders, or a learning disability. Contact a Pulse Ticket Sales assistant for more information, including a visual story which is available on request.

Sunday 29 May

A new day of work from emerging artists and companies with something exciting to share, or established artists doing something they've never done before - take a chance on something new.

LE GATEAU CHOCOLAT

Duckie

Walking a little differently. Sounding a bit strange. *Duckie* knows what it's like to not fit the mould.

Critically acclaimed cabaret star Le Gateau Chocolat is breaking out of his shell and reimagining a childhood favourite, The Ugly Duckling, in his new work *Duckie*.

A classic tale of identity and belonging. *Duckie* is set in an animal circus. We join him on an adventure of self-discovery. Peppered with dress ups, songs, Disney references and at its core, an important message of acceptance. *Duckie* is a show for all ages, the entire family, children and the young at heart. Quack! Quack!

New Wolsey Studio

11am (60mins)

legateauchocolat.com

legateauchoc

@LeGateauChoc

legateauchocolat

SCRATCHWORKS

Nel

Meet Nel: a foley artist. Don't know what that is? Don't worry, not many do. Nel brings films to life through sound. In her world, screeching tyres are made from hot water bottles and epic fight scenes are a symphony of snapping celery and frozen cabbages. Nel is good at this stuff - it's the rest of her life that's a disaster.

She needs help and maybe a change of shoes.

Using a beautifully crafted mix of live music, onstage foley artistry and physical theatre, Scratchworks' latest production presents Nel's touching story about identity, friendship and what it means to be an introvert.

***** *Inter:Mission* "Nel will knock your socks off" ***** *StageTalk Magazine*

New Wolsey Theatre

2pm (75mins)

scratchworkstheatre.co.uk

Scratchworks Theatre Company

@ScratchworksC

Full Pelt Theatre

The Going Away Days

Burnley, 1987. A wasteland. A stone's throw away from a football ground.

Adam has a rival firm bearing down on him. Does he fight or move on? What do you call family? How far would you go to protect them? 'The Going Away Days' is an intimate perspective from the hidden lives of football hooligans. Following the journey of a young man, Adam, trying to find his place, prove his worth and deal with the pressure of becoming a man.

New Wolsey Studio

4pm (60mins)

@Full_Pelt

Sunday 29 May *continued*

People You May Know

The Goldilocks Principle

The Goldilocks Principle: As babies we're hard wired to ignore things that feel too simple or too complex; we tend to avoid the extremes and settle on what feels 'just right'. Not too hot, not too cold...

Meet Stanley.

Staring down the barrel of a career that has always had his name on it - this is the guide to a lukewarm life, where making all the right choices doesn't necessarily mean the right result.

A play about hoping for happiness and settling for success.

New Wolsey Theatre

6pm (45mins)

People You May Know - Theatre Company

@PYMK_TheatreCo

WORKLIGHT THEATRE

Labels

Worklight Theatre's multi-award winning show is a funny, moving and honest story about mixed heritage and immigration.

Joe Sellman-Leava's comedy, poetry and storytelling charts his childhood in 90's rural England, shifting political landscapes and a global refugee crisis.

Amid a cacophony of statistics and soundbites, *Labels* offers an honest, human story from multicultural Britain. Expect paper planes, racist romances and lots of sticky labels!

"Terrific and really thoughtful" *Lyn Gardner, The Guardian*

New Wolsey Studio

7:30pm (60mins)

worklighttheatre.co.uk

[worklighttheatre](https://www.facebook.com/worklighttheatre)

[@worklight_uk](https://www.instagram.com/worklight_uk) [@joesellmanleava](https://www.instagram.com/joesellmanleava) [#labels](https://twitter.com/labels)

Winner:

Scotsman Fringe First Award 2015

Holden Street Theatres Award 2015

Best Theatre, Adelaide Fringe 2016

Peace Foundation Award 2016

Monday 30 May

BUCKET CLUB

Fossils

Vanessa's life is science. Fact based, evidence led, no nonsense, no monsters. But when a photograph surfaces showing something in Loch Ness, she must embark on a very personal research project.

An extinct fish, a missing father and breath-taking live electronic sound in a new play from the makers of multi award-winning *Lorraine & Alan*.

New Wolsey Studio

12pm (70mins)

Supported by Tobacco Factory Theatres.

Bucket Club are an associate company at Farnham Maltings.

bucketclub.co.uk

bucketclub

@wearebucketclub

BREACH

The Beanfield

2015 saw 30 years since the Battle of the Beanfield, a brutal crackdown on the annual Stonehenge Free Festival. Called away from policing the miners' strike, officers enforced an injunction around the ancient stones with bloody violence and mass arrests.

Marking the anniversary, Breach set out to stage a historical re-enactment – armed with homemade riot gear, a Wiltshire map and a video camera.

In this acclaimed multimedia show, the footage is intercut with a live performance attempting to capture the 2015 summer solstice: hot dog stands, MDMA, and young people trying to connect – but it all feels a bit fake.

New Wolsey Theatre

6:30pm (60mins)

breachtheatre

@breach_theatre

Proto-type Theater

A Machine they're Secretly Building

From what might be a news desk, an office, a bedroom, a bunker under a mountain or a theatre, two people speak up, speak out, blow the whistle and lift the veil on the insidious machine of surveillance.

A Machine they're Secretly Building charts a course from the Top Secret secrets of WWI intelligence (via the moon, 1972's Chess World Championships, a disco in Oklahoma and the cafeteria at CERN) through to 9/11, the erosion of privacy, Edward Snowden and to the terror of a future that might already be upon us.

New Wolsey Studio

8pm (60mins)

@Proto_type

BARREL ORGAN

Some People Talk About Violence

"Outside someone is screaming – Just going for it - She wonders what would happen if I just started screaming?"

In a world of globalization and greed, of zero-hour contracts and The Big Bang Theory, violence worms its way into every aspect of our lives. Following their debut show *Nothing*, multi award-winning young company Barrel Organ present *Some People Talk About Violence*. Expect people, or just ideas, in mindless frustration, on the edge of some kind of revolt.

Developed at and supported by Camden People's Theatre, Warwick Arts Centre & the HUB

**** *Exeunt* "New writing meets Forced Entertainment"

New Wolsey Theatre

9:30pm (60mins)

barrelorgantheatre.co.uk

@Barrel_Organ

Tuesday 31 May

VINCENT GAMBINI

This Is Not A Magic Show

Forget everything you know about magic and magicians... Now remember it all again. A performance of and about sleight-of-hand magic: its invisible mechanics, its clichés, and what it tells us about live theatre and make-believe. In a conversational yet crafted approach, Vincent Gambini presents astonishing close-up magic that invites us to question how enchantment and wonder are produced within a theatrical situation. Possibly the first of its kind, Vincent Gambini's *This Is Not A Magic Show* is part performance-lecture, part deconstructed showbiz, and part magic tricks that leave you, like, omg.

High Street Exhibition Gallery

6:30pm (60mins)

@Gambinimagic

SH!T THEATRE

Women's Hour

Women's Hour – I'M FINE – *Women's Hour*. First on *Women's Hour*: Men, then us. *Women's Hour*. Later on *Women's Hour*: Ankle Socks? *Women's Hour*.

Commissioned by Camden People's Theatre and winner of Three Weeks Editors Choice award 2015, *Women's Hour* is a cabaret piece about what happens when women are given just one hour a day to think about what it is to be a woman.

'surreal, clever and hilarious...the standing ovation at the end was equal parts male and female' *The Daily Telegraph* **** ('Five Best Plays to see in Edinburgh')

New Wolsey Studio

8pm (60mins)

@shittheatre

JAMIE WOOD

O No!

A psychedelic ride, and a wonky homage to the woman damned for destroying the Beatles, O No! borrows Yoko Ono's art instructions to ask whether falling in love is always catastrophic. A sell-out success and one of the most talked about shows of the Edinburgh Festival Fringe 2015.

It's about reckless optimism, avant-garde art & what we might yet have to learn from the hippies.

"...like being sucked down a rabbit hole full of joy." **** *Fest*

New Wolsey Theatre

9:30pm (60mins)

jamiewood.org.uk

@jamieofthewood #ono2015

Wednesday 1 June

ANNIE SIDDONS

How ~~Not~~ To Live In Suburbia

5 years ago in the middle of a shitstorm of life events, artist, single mother and proud Londoner Annie Siddons found herself living in suburbia by accident. This hilarious, brutal and poignant show – combining live performance with films made by Annie and live artist Richard deDomenici - is about her gauche and wrongfooted attempts to fit in, the loneliness that ensued, and her quest to cure it.

New Wolsey Theatre

9:30pm (60mins)

anniesiddons.co.uk

anniesiddonstheatre

@LaSiddons

#HNTLIS

Milk Presents, in association with Derby Theatre

JOAN

Written and directed by Lucy J Skilbeck

Performed by Drag Idol Champion Lucy Jane Parkinson

Put your drinks down and your hands together, all the way from Domremy in France (via Soho and 600 years) it's *JOAN!*

Packed with guts, heart and some well-placed couscous, *JOAN* fuses lyrical new writing with drag king cabaret. An earthy story of courage, conviction and hope, this is Joan of Arc. A fearless new play about what it means to stand out, stand up and stand alone.

"Magical transformations of a heretical Heroine" *The Guardian*

High Street Exhibition Gallery

6:30pm (70mins)

@MilkPresents @DerbyTheatre

THE WARDROBE ENSEMBLE

1972: The Future Of Sex

It's 1972. An era of possibility, polyester and pubic hair.

Ziggy Stardust is on Top of the Pops, Penny is writing an essay on Lady Chatterley's Lover and Christine is watching Deepthroat. Brian is confused.

"Terrific work. Funny and true and a little bit heart-breaking."

**** *Lyn Gardner, Guardian*

***** *A Younger Theatre*

***** *The Stage*

New Wolsey Studio

8pm (60mins)

@WardrobEnsemble

Thursday 2 June

Welcome to Dance Day!

This year, Dance Day will be presented at the New Wolsey Theatre and Studio. Our friends at DanceEast have programmed two brilliant dance companies as part of the festival.

Book your tickets with the Pulse Tickets Sales team

RHIANNON FAITH

Scary Shit

A show about friendship, being a woman and asking for help.

Quirky and outrageous dance theatre; Rhiannon Faith brings a real-life experience to the stage.

A rollercoaster experiment, *Scary Shit* is a show where two young women attend therapy to learn about themselves and the world, and imagine a future without fear.

'A brilliant choreographer, a madcap mind and a cheeky little minx' *Bryony Kimmings* (Award winning Artist)

New Wolsey Studio

8pm (60mins)

@RhiannonFaith @ScaryShit

The Hiccup Project

May-We-Go-Round?

May-We-Go-Round? is a collision of fiercely energetic dance and comedic theatre. We jangle through the merry-go-round of romance, taking audiences along for the bitter-sweet ride, swinging wildly between hilarious truths and intimate vulnerabilities. We are two young women opening a window into the tangled, delirious mess of it all, exploring the romantic clichés we can all so uncomfortably recognize.

The show is a celebration of friendship, of love and lust in all their messy, confusing and hilarious forms. We are enthralled and compelled by our romantic encounters, yet at times flummoxed and irritated by the whole process. Are we enjoying it? Yes. Does it make sense? No.

But, round and round we go...

New Wolsey Theatre

9:30pm (60mins)

@thehiccupproj #MayWeGoRound

Friday 3 June

EASTERN ANGLES

The Fitting Room

By Tara Lepore, Directed by Tom Fox

Love, life, work... it all happens in the fitting room.

Taking place in a high street shop, four girls wade through the traumas of love, life work and hopes for the future. Flo's end goal is to get out and at the moment the answer is making some cash.

Lepore's play goes beyond the shop floor and gives us an insight into the world of the Saturday job....do you know what really goes on in the Fitting Room?

New Wolsey Theatre Bar

5pm (30mins)

easternangles.co.uk

EasternAnglesTheatreCompany

@easternangles

A script in hand reading produced by Eastern Angles

**THE FLANAGAN COLLECTIVE IN CO-PRODUCTION WITH
GREENWICH THEATRE**

Fable

A woman runs so fast she bursts in to a million pieces. A man stands at the end of a pier, looking up at the stars.

FABLE is a show about where we are and where we'd like to be - about our childhood dreams and what, here and now, we are left with.

Two people meet on the far west coast of Scotland and change each other profoundly.

A show about what we believe in, what we stand for and what we can change. A fable wound from spoken word, storytelling and live music. Inspired by a real village in the Scottish Highlands, FABLE premiered at Summerhall at the Edinburgh Fringe, before transferring to Soho Playhouse in New York, Vault Festival in London and The Adelaide Fringe Festival.

'Whimsical sparkle with a poignant edge' *The Scotsman*

'Bags of charm and optimism about the human race' *The Guardian*

New Wolsey Theatre

6pm (60mins)

theflanagancollective.com

FlanaganCollective

@FlanCol

Friday 3 June *continued*

CORBY CORE

The Should We Stay Or Should We Go Show

The Core at Corby Cube has teamed up with rapid-response theatre makers Sheriff to present a brand new play inspired by the latest developments in the EU referendum debate. Working like a newsroom on a tight deadline, the play will be written and rehearsed in the days leading up to the show and will tackle the story everyone is talking about that week - party splits, secret memos, family disagreements, or a last minute celebrity endorsement. The play is the first in a series of June roadshow performances leading up to the vote on the 23rd.

New Wolsey Theatre

8pm (60mins)

TheCoreAtCorbyCube

thecorecorby

URSULA MARTINEZ

FREE ADMISSION Following on from the success of *My Stories, Your Emails*, Olivier Award-winning performance provocateur Ursula Martinez is back on her dirty soapbox.

Free Admission sees Martinez building a real brick wall between herself and the audience, whilst revealing her innermost thoughts, feelings, hopes, fears, delights and disappointments, both personal and universal.

In the current social-media obsessed climate of self-promotion, Martinez brings her unique style of positive self-deprecation, baring her shoulder (and possibly more), in an attempt to understand the absurdity of modern living,

A show that celebrates the inconsistencies and contradictions that make us human, whilst having a dig at some of the mess that is of our own making.

Contains personal secrets, political in/correctness, and a reinvention of the theatrical fourth wall.

New Wolsey Studio

9:45pm (60mins)

ursulamartinez.com

Ursula-Martinez

@redhankylady

Saturday 4 June

Nigel Barrett and Louise Mari

This Is What Men Do

Nigel Barrett and Louise Mari make wild, bold, visual performance for people who don't really like theatre and unusual theatrical experiences for those who do. After an extensive period of research exploring the influence of men in world history and in domestic life,

they present the results of that research, performed by a group of local people.
Nigel Barrett and Louise Mari are a New Wolsey Theatre Associate Company and are winners of the Oxford Samuel Beckett Theatre Trust Award 2015

“Support for work of this calibre is worth shouting about” *Time out* (*The Body*)

High Street Exhibition Gallery

12:30pm (60mins)

nigelandlouse.com

@nigelandlouse

VICTORIA MELODY

Hair Peace

When Victoria Melody was competing in beauty pageants for a previous show a hairdresser advised her that she needed hair extensions. Freaked out by wearing a piece of somebody else's body, she set out on an extraordinary adventure to find out exactly where this hair comes from.

Victoria's boundless curiosity takes a live audience from the temples of India to the shopping malls of Russia, via hair salons and forensics labs on a humorous, moving and serendipitous journey around a World in miniature.

There is a saviour in the shape of a Bollywood financier, the most expensive wedding to have ever taken place, a Celebrity Big Brother contestant, and hair. Lots of hair. Sacks of it.

New Wolsey Studio

2pm (60mins)

@victoriamelody

GECKO

The Wedding

A work in progress sharing, created by Amit Lahav

As the world becomes more connected and our own country is enriched with multiple ethnicities, Gecko will draw on influences of cultures from around the world, exploring the ritual of the wedding and its place in modern society.

Taking as the starting point the relationship between two people and the contract that they enter into, Gecko will also investigate the marriage between the individual and the state. Are we a happy couple or are we entrapped, and is divorce an option?

Join local Ipswich company Gecko as they share the first findings of their new show, which will premiere in spring 2017.

*****The Independent on Institute* “The attention to detail extends to all aspects of this beautifully realised production...all in all, it makes for a unique vision.”

DANCEEAST Jerwood DanceHouse

4pm (60mins)

geckotheatre.com

Gecko.Theatre1

@GeckoTheatre

Gecko is supported by Arts Council England and Ipswich Borough Council.

Saturday 4 June *continued*

THIRD ANGEL

600 People

Written & Performed by Alexander Kelly Inspired by conversations with Dr Simon Goodwin Directed by Rachael Walton

“We step out of our solar system, into the universe, seeking only peace and friendship...”

So says the message from the human race on the Voyager spacecraft. But is there, y’know, anyone out there? Alex talked to an astrophysicist to find out. This is what he learned: Stellar Wobble. The Mirror Test. Fermi’s Paradox. Enhanced humans and murderous dolphins.

Stand-up meets astrophysics in this entertaining and deceptively simple show about huge ideas, exploring the stories we tell to understand our place in the cosmos, and what it means to be human.

“Wow! Completely stunning!”

“Genuinely mind-boggling!” *audience reaction*

New Wolsey Studio

6pm (65mins)

@thirdangeluk

This performance will be **British Sign Language** Interpreted.

SPYMONKEY

The Complete Deaths

Adapted and directed by Tim Crouch

All the onstage deaths in Shakespeare performed by “four of the greatest clowns working in Britain” *Time Out*

There are 74 onstage deaths in the works of William Shakespeare - 75 if you count the black ill-favoured fly killed in Titus Andronicus. From the Roman suicides in Julius Caesar to the death fall of Prince Arthur in King John; from the carnage at the end of Hamlet to snakes in a basket in Antony & Cleopatra. And then there's the pie that Titus serves his guests.

Spymonkey will perform them all - sometimes lingeringly, sometimes messily, sometimes movingly, sometimes musically, always hysterically. The four 'seriously, outrageously, cleverly funny clowns' (Time Magazine) will scale the peaks of sublime poetry, and plumb the depths of darkest depravity. It may even be the death of them.

The Complete Deaths will be a solemn, sombre and sublimely funny tribute to the 400th anniversary of Shakespeare's death. A Spymonkey co-production with Brighton Festival and Royal & Derngate Northampton.

New Wolsey Theatre

8pm (90mins plus an interval)

spymonkey.co.uk

[spymonkeycomedy](https://www.facebook.com/spymonkeycomedy)

[@spymonkeycomedy](https://www.instagram.com/spymonkeycomedy)

This performance will be **British Sign Language** Interpreted.

PULSE music

Not only have we brought together some of the most relevant and exciting theatre makers around, but we've created a mini music festival for you to enjoy at the end of each day.

All music events are free to attend and we hope you can stay and join us after the shows to enjoy this incredible line-up over a drink or two.

Thursday 26 May The Normans 9.45pm

The Normans are a four-piece band from Ipswich inspired by funk, afrobeat, blues, jazz, electronic music, football and bright colour schemes. Think Fela Kuti meets Captain Beefheart at Mexico 70 and you're halfway there.

soundcloud.com/normansounds Nw Theatre Bar

Friday 27 May SuperGlu 9pm

Formed in the summer of 2014, SuperGlu is a bubblegum rock four-piece from Manningtree. They performed at Latitude in 2015 and have been championed by Tom Robinson and Huw Stephens, who broadcast their demo on Radio One before the band had played their first gig.

antigenrecords.com/artists/superglu/ Nw Theatre Bar

Saturday 28 May Box of Light 9pm

Norwich based beach-pop band Box of Light are based around singer Helen Anderson and multi-instrumentalist Conor Etteridge. The band have played festivals such as Latitude and Green Man and earlier this year supported Waves on a UK tour.

soundcloud.com/box-of-light Nw Theatre BaR

Sunday 29 May War Waves 8:30pm

War Waves are self-made, and this is hopefully just the beginning... Apologetic songs veiled by angst and fear, self-deprecating metaphors... a deep-seeded appreciation for Morrissey, which bleeds through the band's song writing. For fans of 90s indie, The Smiths, Frightened Rabbit, The National, The Gaslight Anthem.

backwaterrecords.com/artists/warwaves Nw Theatre BaR

Monday 30 May Charles Shaar Murray 10:30pm

Journalist, rock critic and former Associate Editor of the NME who has interviewed many cultural icons including, Miles Davis, David Bowie and Bob Marley. Charles is also an accomplished blues guitarist and singer who, with his band Blast Furnace & The Heatwaves, opened shows for The Clash, The Damned and Wilko Johnson.

charlesshaarmurray.com Nw Theatre Bar

Tuesday 31 May Amethysts 10:30pm

Amethysts are based in the fringes of the Suffolk countryside. Their recordings pull together layers of vocal harmonies which float on top of a sea of synths, driving drums and creative guitar lines. “Polished, understated and lovely, with sweet harmonies and plenty of space” *BBC Radio 6 Music*

weareamethysts.wordpress.com Nw Theatre Bar

Wednesday 1 June 10:30pm

Pulse Music provides you with the best soundtrack to round off a day of quality theatre and performance.

Please check the festival website and our social media feeds for details of this evening's act.

pulseipswich.co.uk Nw Theatre Bar

Thursday 2 June Mirror Signal 10:30pm

Having notched up over a million plays with his previous offerings, Mirror Signal (22 year old Steven Barker) returns this spring with a completely new live set in advance of his next release scheduled for the summer. “Like Ed Sheeran locked in a studio all night with James Blake.” *The Guardian*

mirror-signal.com Nw Theatre Bar

Friday 3 June Radio Orwell ☐ 10:45pm

Ipswich indie five-piece fronted by James Severy and featuring members of Broken Shapes and (((Oh Dear. The band have recently recorded a session for BBC Suffolk and plan to record their debut album in 2016.

☐ bandcamp.radioorwell.com Nw Theatre Bar

Saturday 4 June Radio On DJs 10pm

Radio On is a regular DJ night at The Swan. Marcus and Richard eschew modern, reliable and portable digital formats in favour of stacks of bulky vinyl. Expect floor-fillers and chin-strokers from disco-punk to dub, psych and electro. Check the website for venue details

New Wolsey Theatre Civic Drive, Ipswich, IP1 2AS
New Wolsey Studio St George's St, Ipswich, IP1 3NF
High Street Exhibition Gallery High St, Ipswich, IP1 3QH
DANCEEAST Jerwood DanceHouse Foundry Lane, Ipswich, IP4 1DW

Tickets available from:

01473 295900

pulseipswich.co.uk

PulseIpswich

#pulsesuitcase #pulse16